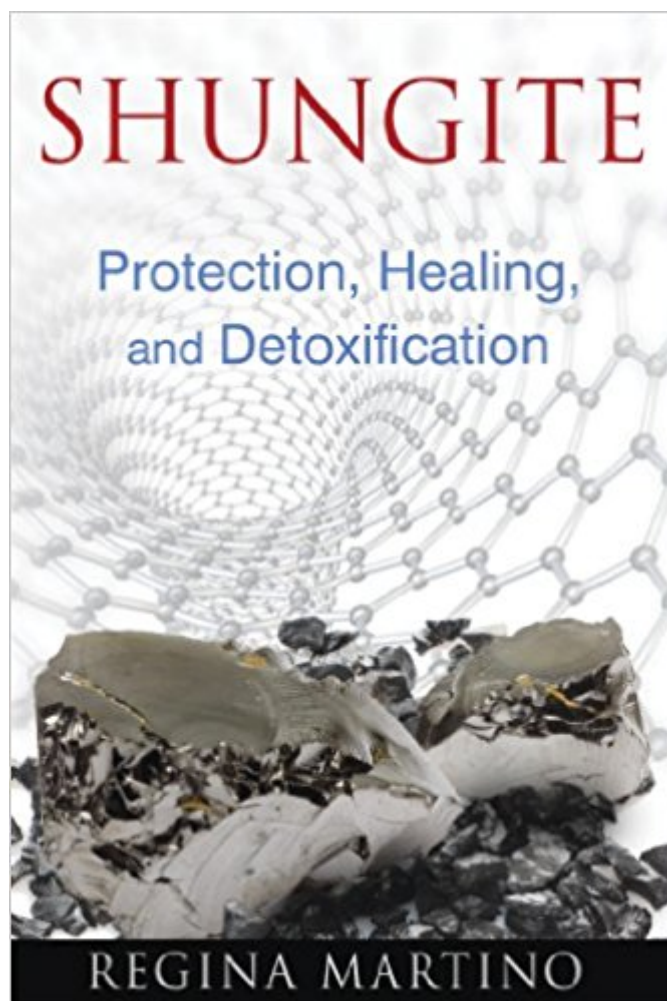


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# Shungite: Protection, Healing, And Detoxification



## Synopsis

A practical guide to the many healing and purifying uses of the mineral known as shungite • Explains how shungite counteracts the harmful effects of EMF and radiation from computers, cell phones, Wi-Fi, and other electronic devices • Cites many double-blind scientific and medical studies on shungite • Explores how shungite acts as a natural antioxidant, immune booster, pain reliever, and allergen suppressant as well as water purifier and revitalizer • Reveals how shungite contains fullerenes, which recent research shows are able to slow both the growth of cancer cells and the development of AIDS Found near the small village of Shunga in Russia, the remarkable mineral known as shungite formed naturally more than two billion years ago from living single-cell organisms. Used in Russian healing therapies since the time of Peter the Great, shungite contains almost the entire periodic table of the elements as well as fullerenes, the hollow carbon-based molecules that recent research shows are able to slow both the growth of cancer cells and the development of the AIDS virus. Citing many double-blind scientific and medical studies on shungite, Regina Martino explains its many protective, healing, and detoxifying properties, including its ability to counteract the harmful effects of electromagnetic fields and radiation from computers, cell phones, Wi-Fi, and other electronic devices and appliances. Acting as a natural antioxidant, immune booster, pain reliever, and allergen suppressant, shungite and shungite water • can be used to treat skin ailments and musculoskeletal diseases, accelerate the healing of cuts and wounds, cleanse internal systems, and increase the body's intake of vital energy. Detailing shungite's many microelements and biologically active substances, Martino reveals how the stones have been proven to purify and revitalize water. Exploring the energetic properties of shungite, she reveals how it facilitates energetic transfers between the chakras and higher energies outside the body and can be used to harmonize living spaces. Truly a marvel of the natural world, shungite offers protection against the perils of our modern technological world and healing for both body and spirit.

## Book Information

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## Customer Reviews

Regina Martino's book is unique in the literature of metaphysical stones in that it contains a much higher ratio of science to metaphysics than is frequently the case. Her writing is strong and convincing, her research is fascinating, and the stone she has focused on is certainly powerful and compelling in its own right. Martino takes the reader through chapters dealing with the geography, history, geology, and biology related to shungite as well as what she calls the "energetic or practical chapters." The result is a fascinating and thorough depiction of the substance and energy of this remarkable new stone. I would recommend this book to anyone who wants to learn more about this modest-looking but energetically exceptional stone. • (Robert Simmons, author of *The Book of Stones* and *Stones of the New Consciousness* and publisher of th)

Regina Martino is a geobiologist and bioenergy expert specializing in stones and crystals. She lives in Paris, France, where she runs La Roche Mère, a crystal, gem, and stone boutique.

This book is great. Extremely helpful in the use of Shungite a wonderful reference. I then went to .com to order 2KGs of this miracle stone.

This is an AMAZING book.....I learned a lot about this stone and I use it all the time now. I would recommend this to everyone.

Very interesting and life changing book

I bought this book as I was interested in buying Shungite. It was a well spent money in buying this book. The information presented is practical and easy to grasp. Moreover, it provides the studies and experiments which are useful and informative.

Very informative book

lots of great info

I am still reading this book a lot of information in there. We all need to help our self when we can.

Great book lots of information.

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